Conservation of Energy

To scientists, conservation of energy is not saving energy. The law of conservation of energy says that energy is neither created nor destroyed. When we use energy, it doesn't disappear. We change it from one form of energy into another.

A car engine burns gasoline, converting the chemical energy in gasoline into motion energy. Solar cells change radiant energy into electrical energy. Energy changes form, but the total amount of energy in the universe stays the same.

Efficiency

Efficiency is the amount of useful energy you get from a system. A perfect, energy efficient machine would change all the energy put in it into useful work—a technological impossibility today. Converting one form of energy into another form always involves a loss of usable energy.

Most energy transformations are not very efficient. The human body is a good example. Your body is like a machine, and the fuel for your machine is food. Food gives you the energy to move, breathe, and think.

Your body isn't very efficient at converting food into useful work. Your body's overall efficiency is about 15 percent most of the time. The rest of the energy is transformed into heat. You can really feel that heat when you exercise!

Sources of Energy

We use many different energy sources to do work for us. They are classified into two groups—renewable and nonrenewable.

In the United States, most of our energy comes from nonrenewable energy sources. Coal, petroleum, natural gas, propane, and uranium are nonrenewable energy sources. They are used to make electricity, heat our homes, move our cars, and manufacture all kinds of products. These energy sources are called nonrenewable because their supplies are limited. Petroleum, for example, was formed millions of years ago from the remains of ancient sea plants and animals. We can't make more crude oil deposits in a short time.

Renewable energy sources include biomass, geothermal energy, hydropower, solar energy, and wind energy. They are called renewable because they are replenished in a short time. Day after day, the sun shines, the wind blows, and the rivers flow. We use renewable energy sources mainly to make electricity.

Electricity

Electricity is different from the other energy sources because it is a secondary source of energy. We must use another energy source to produce electricity. In the U.S., coal is the number one energy source used for generating electricity.

Electricity is sometimes called an energy carrier because it is an efficient and safe way to move energy from one place to another, and it can be used for so many tasks. As we use more technology, the demand for electricity grows.